When exhibits this behaviour is he/she	
1	hungry
2	thirsty
3	frightened
4	in pain
5	uncomfortable
6	bored
7	lonely
8	over-stimulated
9	desperate for the toilet
10	anxious
11	missing somebody
12	angry
13	excited
14	sexually aroused
15	insecure

Figure 4.3 Needs checklist



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