

Contents

Preface	xi
Acknowledgments	xv
About the Author	xvii

Chapter 1: The CALM Management Program 1

How I Got From There to Here	1
Teach Content <i>and</i> Behavior	3
CALM Management	5
Communication	5
Accountability	8
Leadership	8
Motivation	9
Proactive Measures	10
Positive Reinforcements	10
Pacing	11
Learning Goals	11
Behavior Goals	12
Summary	12
Reflection Questions	13
Quick Wins	13

Part I: CALM Communication 15

Chapter 2: Positive Behavior Expectations 17

Explicit Expectations Lead to Positive Results	18
In the Research	19
Beginning the CALM Classroom Process	27
Bullying	45
Special Situations	52
Summary	55
Reflection Questions	56
Quick Wins	56

Chapter 3: Redirect Behavior Model 57

- Redirect Behavior Model Defined 58
- Empower Students 59
- Framework of the Redirect Behavior Model 61
- Implementing the Phases of the Redirect Behavior Model 64
 - Phase I: Explain Student Behavior Expectations 65
 - Phase I: Noncompliance—What to Do if a Student Does Not Accept the Redirection 66
 - Phase II: Encourage Student Ownership 68
 - Phase III: Problem-Solve With the Noncompliant Student 70
- Delivering the Redirect Behavior Model 73
- Say It and Move On 73
- Make It Conversational 74
- Be Prepared for Students to Feel Uncomfortable 75
- Remain Calm 76
- Redirect Behavior Model for Instruction 78
- Summary 79
- Reflection Questions 79
- Quick Wins 80

Chapter 4: Voice-Movement-Task Model 81

- Voice-Movement-Task Model Defined 82
- Research 84
- When to Use 84
- Voice 84
- Movement 88
- Materials 90
- Task 91
- Summary 95
- Reflection Questions 95
- Quick Wins 95

Part II: CALM Accountability 97

Chapter 5: Accountability—Collaborative Work Groups 99

- Think Beyond the Four Walls . . . 101
- Small-Group Interaction Model 102
- Prior to Activity (Standard Procedures for All Activities) 102

- Peer Feedback 110
- How to Teach Students to Provide Academic Feedback 111
- Positive Behavior Expectations for Feedback 113
- Role-Play Scenarios 115
- Summary 116
- Reflection Questions 116
- Quick Wins 116

Chapter 6: Accountability—Conversations, Consequences, and Follow Through 117

- Student Choices 119
- Consequences to Promote Growth 123
- Conversations to Promote Growth 125
- Relying on Positive Consequences May
 - Require a Change in Mindset 127
- Positive Consequences 128
- Consequences That Address Negative Behavior 130
- Inappropriate Responses to Negative Behavior 130
- Consequence Progression 134
- Follow Through 138
- Summary 139
- Reflection Questions 139
- Quick Wins 140

Part III: CALM Leadership 141

Chapter 7: Teacher as a Leader 143

- Five Effective Practices for a Teacher Leader 144
- Reflective Practice 145
- Communication 148
- Teacher Presence 150
- Positive Mindset 156
- Instruction 157
- Summary 158
- Reflection Questions 158
- Quick Wins 159

Chapter 8: Student as a Leader 161

- The Student Communication Model 163
- Community Council 168

Purpose of the Community Council 169
Appointing the Council Leader 169
When the Council Convenes 169
Community Council Whole-Class Meeting Protocol 170
Teacher Role 172
Incentive 172
Summary 173
Reflection Questions 174
Quick Wins 174

Part IV: CALM Motivation 175

Chapter 9: Motivation Plan 177

Motivation Plan—Whole Class 181
Disengaged Student—Work for Wins 185
Disengaged Student—Mentor Tutoring 186
Summary 193
Reflection Questions 193
Quick Wins 194

Chapter 10: Final Thoughts 195

Key Takeaways 195
One Last Collaborative Group Activity 198
Where Do We Go From Here? 202

References 205

Index 211